



## **November 19, 2015 Summit on Trauma and Adversity Presentations and Speakers**

### **Keynote Speaker – Dr. Sandra L. Bloom**

*Degrees* - BA, Psychology, Gettysburg College; MD, Temple University School of Medicine

#### *Bio*

Dr. Sandra L. Bloom is a Board-Certified psychiatrist, graduate of Temple University School of Medicine and recently was awarded the Temple University School of Medicine Alumni Achievement Award. In addition to her faculty position at the School of Public Health at Drexel University, Health Management and Policy Program and Center for Nonviolence and Social Justice, she is President of CommunityWorks, an organizational consulting firm committed to the development of nonviolent environments. Dr. Bloom currently serves as Distinguished Fellow of the Andrus Children's Center in Yonkers, NY.

From 1980-2001, Dr. Bloom served as Founder and Executive Director of the Sanctuary programs, inpatient psychiatric programs for the treatment of trauma-related emotional disorders. In partnership with Andrus Children's Center, Dr. Bloom has established a training institute, the Sanctuary Leadership Development Institute, to train a wide variety of programs in the Sanctuary Model®. The Sanctuary Model® is now being applied in residential treatment programs for children, domestic violence shelters, group homes, homeless shelters and is being used in other settings as a method of organizational development.

Dr. Bloom is a Past-President of the International Society for Traumatic Stress Studies and author of *Creating Sanctuary: Toward the Evolution of Sane Societies* and co-author of *Bearing Witness: Violence and Collective Responsibility*.

#### **PUBLICATIONS**

Bloom, S.L., Farragher, B., *Restoring Sanctuary: A New Operating System for Trauma-Informed Organizations*, (2013) New York: Oxford University Press

Bloom, S.L., *Creating Sanctuary: Toward the Evolution of Sane Societies*, Second Edition, (2013) New York: Routledge

Paperback Edition: *Destroying Sanctuary: The Crisis in Human Service Delivery*. Co-authored with B. Farragher. (2013) New York: Oxford University Press

*Destroying Sanctuary: The Crisis in Human Service Delivery*. Co-authored with B. Farragher. (2010) New York: Oxford University Press

*Loss, Hurt and Hope: The Complex Issues of Bereavement, Trauma and Children*, (2007). L. Vargas and S. L. Bloom, Editors. United Kingdom: Cambridge Scholars Publishing

*Bearing Witness: Trauma and Collective Responsibility*. (1998). Coauthored with Michael Reichert for Philadelphia Chapter Physicians for Social Responsibility, Binghamton, NY: Haworth Press.

*Creating Sanctuary: Toward the Evolution of Sane Societies*. (1997). New York: Routledge.

### **Panel Discussion Participants**

- Dr. Bloom, Moderator
- Ann Marie Donohue, PhD – Associate Professor of Psychology and Advisor to the Student Veterans Organization, Montgomery Community College; Co-Founder, Veterans Community Network
- Rev. Scott Hutchinson – Pastor, St. Andrew's United Church of Christ, Perkasi, PA
- Leslie Lieberman, MSW – Director of Special Initiatives and Organizational Consulting, Health Federation of Philadelphia
- Christine McKeever (Invited) – Trauma Nurse Educator, Abington Jefferson Health
- Grace Ryder, PhD – Director of Best Practices and Strategic Initiatives, Children's Crisis Treatment Center
- Penny Talbert – Executive Director, Ephrata Library; adapting to "new normal" after trauma

### **Breakout Sessions and Speakers**

#### ***Childhood Trauma – Treatments and Modalities***

##### Session Focus:

- Trauma-focused treatment modalities and intervention for children
- Support and psychoeducation for families
- Resiliency, recovery and outcomes

##### **Presenters**

- Diane Wagenhals, MEd – Program and Curriculum Design, Institute for Family Professionals; Program Director, Lakeside Educational Network
- Alyssa Snyder, MBA – Director of Children's Behavioral Health, Montgomery County Behavioral Health and Developmental Disabilities

#### ***Intro to Newer Trauma Treatments***

##### Session Focus:

- EMDR – Eye Movement Desensitization and Reprocessing
- iRest – Integrative Restoration meditation
- Trauma-informed yoga and meditation

##### **Presenters**

- Sara Erlbaum, JD, MS – Certified iRest Teacher; Founder, Still Warriors
- Deborah Greenspan, EdD – Assistant Professor of Psychology, Montgomery County Community College
- Jessica Webster, LPC, MS – Counselor, EMDR Level II Clinician, Whitmarsh Behavioral Health

#### ***PTSD & TBI among Veterans– Challenges and Healing***

##### Session Focus:

- Why they don't just get over it – how PTSD and TBI change the brain
- The lived experience of veterans and those who love them
- Approaches to healing

##### **Presenters**

- Ann Marie Donohue, PhD – Associate Professor of Psychology and Advisor to the Student Veterans Organization, Montgomery County Community College; Co-Founder, Veterans Community Network
- Kathleen M. Maguire, DNP, MSN, MS, RN – District Nurse Coordinator, Wissahickon School District; Adjunct Faculty Member, Penn State Abington; mother of Marine veteran; taught Nursing Care of America's *Veterans: An introduction into the care of military veterans*
- D. Glen Miller, EdD – Co-Founder, Veterans Community Network; Vietnam Veteran
- Mary P. Miller, MEd – Secretary, Veterans Community Network; Spouse of Vietnam Veteran

### ***Sanctuary Model Specifics***

#### Session Focus:

- Deeper dive into the Sanctuary Model
- Adverse Childhood Experiences (ACE) across the lifespan
- Creating trauma-informed workplaces

#### **Presenter**

- Sandra Bloom, MD (see bio under Keynote Speaker)

### ***Spiritual Aspects of Trauma***

#### Session Focus:

- Viewing trauma through the lens of a *soul wound*
- How spiritual connection may be useful in healing
- The role of community-based Healing Circles as a way to reintegrate trauma experiencers

#### **Presenters**

- Barbie Fischer, MA – Executive Director, Restorative Encounters; Communication Manager, Franconia Mennonite Conference
- Rev. Scott Hutchinson – Pastor, St. Andrew's United Church of Christ, Perkasio, PA

### ***Trauma among Older Adults***

#### Session Focus:

- Prevalence of trauma and brain injury among older adults
- Concerns about misdiagnosis of trauma or brain injury as dementia or Alzheimer's
- Opportunities for positive outcomes

#### **Presenters**

- Barb Dively, JD, BS – President and Executive Director, Acquired Brain Injury Network of PA
- Joanne Kline, MSA – Executive Director, VNA Foundation of Greater North Penn
- Dr. Robert Pearlstein, DO – Geriatrician, Suburban Geriatrics